

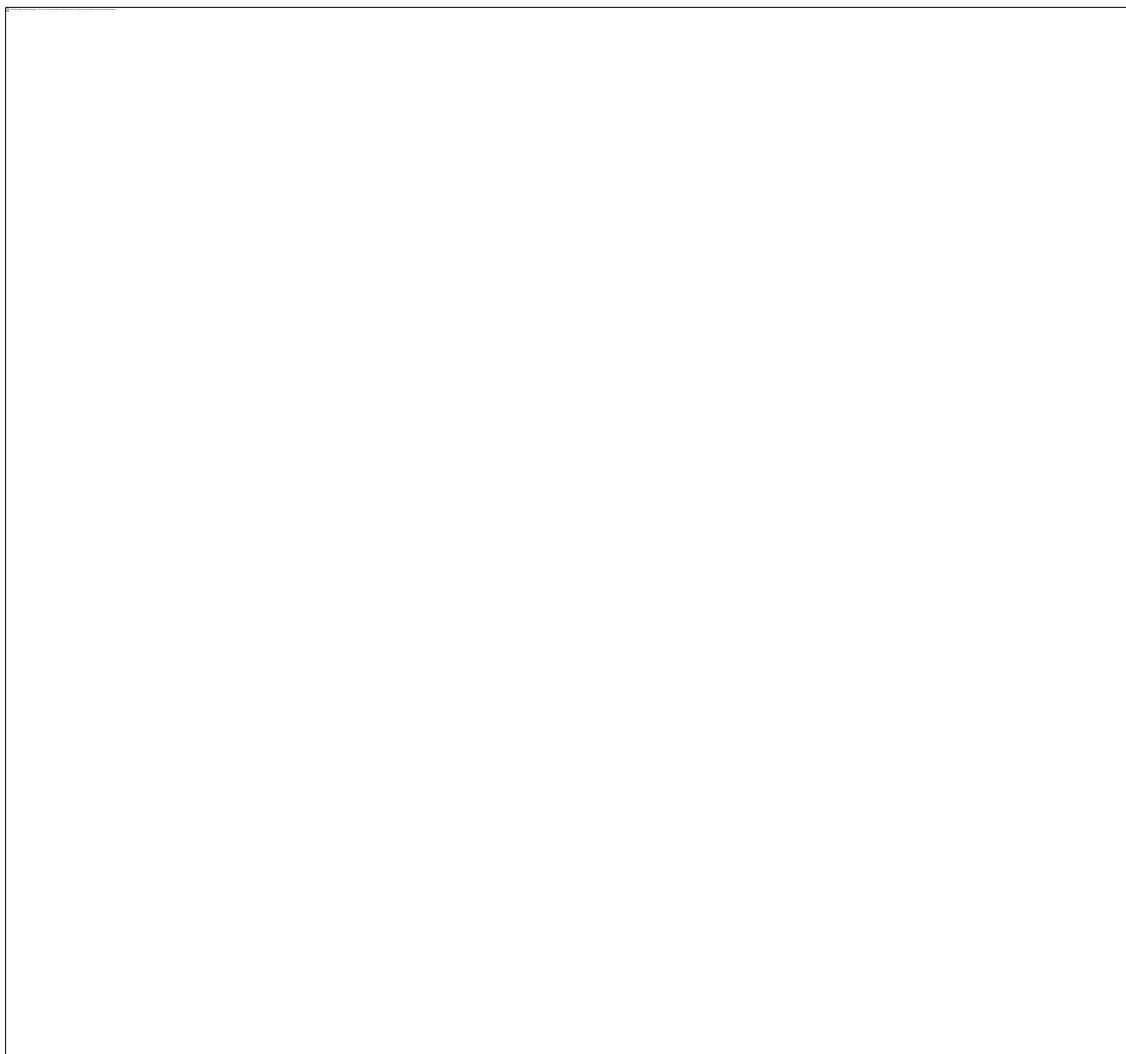
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Occupational health eBulletin

November 2014 - Issue 2

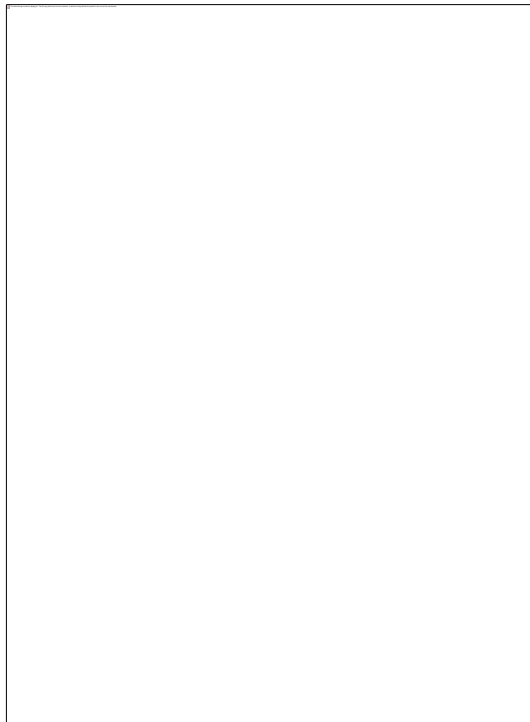


We have taken up the railway industry's views expressed in the Evaluation Report of

ORR's Occupational Health programme 2010-14 about more being needed on strategic direction.

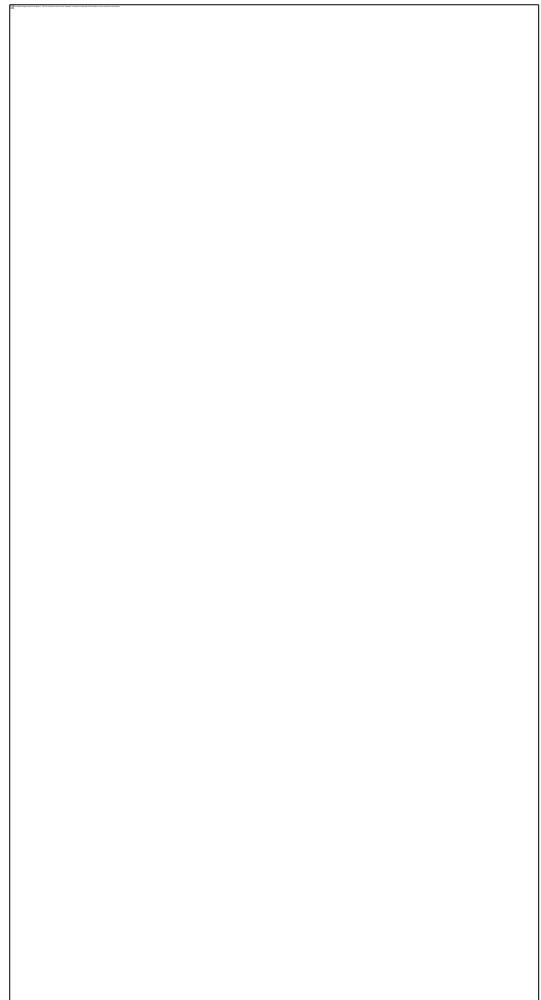
This has included revision of the [occupational health chapter](#) in our strategic risk document and the development of four position papers on key health risks in the railway industry. They are on [stress](#), [hand arm vibration syndrome](#) (HAVS) with musculoskeletal disorders (MSDs) and asbestos appearing on our website soon.

We have published advice in railway guidance documents on [diesel engine exhaust emissions](#). Further advice on control of silica in ballast dust can be found in the Track Safety Alliance video 'Track Safety Matters Episode 2 - [The Ballast Dust Story](#) and from Network Rail's [Ballast Dust Working Group](#). They set the direction where we would want the railway industry to be by 2019.



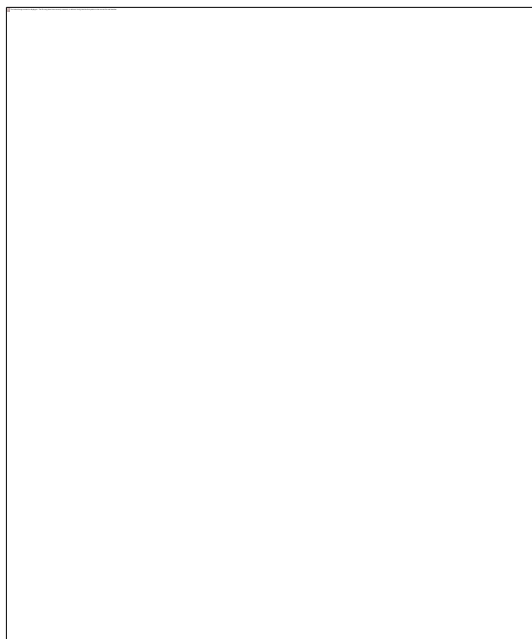
No time to lose

IOSH's No Time to Lose campaign focuses on a range of carcinogenic exposures that are caused by work



activities. They are aiming to raise awareness and offer practical support to business's to help them tackle this significant occupational health issue. Go to <http://www.notimetolose.org.uk/>

- access free information
- download or order free resources
- ask expert panels for advice
- find out about events and CPD campaigns
- Pledge your commitment to tackling harmful exposures at work
- Get the latest news on occupational cancer
- Read the national action plan for IOSH



Time to Change

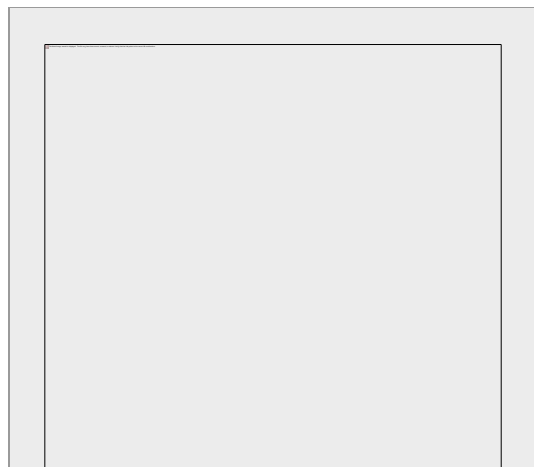
Englands's biggest mental health and anti-stigma programme run by Charities; MIND and Rethink

HSE launches the Asbestos safety campaign

HSE has launched the Asbestos safety campaign along with a free web app, to help those working more safely with asbestos.

For further information

visit: <http://www.beware-asbestos.info/>



Department of Health responsibility pledges

Organisations signing up as partners to the Responsibility Deal commit to play their part in improving public health. In signing up, they agree to take action voluntarily to support the Responsibility Deal's ambitions.

Collective pledges on alcohol, food, health at work and physical

Mental Illness, will be bringing the Organisational Learning Peer Network to Manchester to help organisations in the regions tackle mental health stigma and discrimination in the workplace.

For further information visit:

<https://www.time-to-change.org.uk/civicrm/event/info?reset=1&id=731>

activity set out the specific actions that partners agree to take in support of the core commitments.

For further information and to sign up to all of the [core commitments](#) and the [supporting pledges](#), please follow the following link [Responsibility Deal overall](#) .

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